

***The Daily office***  
***A Guide for Daily Prayer***  
***(Lent)***

*This guide is intended for individuals, with another or a small group over the phone, or online. It is not tied to any particular time of day. The Psalms can change for the seasons of the Christian year. Remember even if we pray alone, we are in the company of the whole church of Jesus Christ. We are surrounded by a Cloud of Witnesses (Hebrews 12:1) - you may like to light a candle symbolizing the light of Christ and or listen to reflective music of your own choosing before you begin the prayer.*

We come to God in Prayer

O God , open our lips  
**And our mouth shall proclaim your praise.**

Blessed are you, merciful God,  
Whose Son came not to condemn but to save;  
Come quickly to help us from all that besets us.  
By your Grace you welcomed us home  
when we were lost,  
and gave us the Spirit of comfort and mercy.  
**Blessed is God's holy name.**

We pray a Psalm

*Psalm 32 or 51 may be prayed*

We wait on God's Word

O God , you speak to us with the mouth of mercy.  
**Send your Holy Spirit upon us**  
**That your word may take root**  
**In the secret places of our hearts**  
**And bear much fruit to your glory.**

*The scripture reading for the day from "With love to the World" or another lectionary resource is read and may be followed by a brief period of silence for reflection. You may also sing a hymn here.*

We respond in prayer for others and ourselves

We believe, O Trinity of Love,  
That you are drawing us into your divine presence.

**You fill us with your Holy Spirit**  
**and call us to share in Christ's ministry-**  
**Living and praying for the world day and night**

**until rivers run in the deserts and all people find their place gathered around the feast of your table.**

***We Pray:***

For the care of the earth.  
*Free prayer may be offered*

*(Lord hear us,*  
**Lord hear our prayer** *-the response after each prayer)*

For reconciliation and justice-for those who are broken by life.  
*Free prayer may be offered*

For those whose lives have been devastated,  
by natural disaster  
war and violence  
fear and loneliness.  
*Free prayer may be offered*

For our brothers and sisters in Christ  
Whose needs are close to our hearts at this time  
*Free prayer may be offered.*

Bless us in the midst of our daily joys and struggles.  
Protect us from fear.  
Keep us honest, simple,  
hospitable and merciful. **Amen**

The Lords' Prayer

Closing

Jesus our brother,  
you stayed true to the way of love  
and were broken on our behalf.  
May we neither cling to our pain  
where it is futile,  
nor refuse to embrace the cost  
when it is required of us;  
That in losing our selves for your sake  
We may be brought to new life.

We go with God

Go in peace to love and serve the lord,

In the name of Christ. **Amen**

*From a booklet: Uniting Church: A guide for Daily Prayer 2008-adapted*